HASOMED

RehaMove®

Motion training with Functional Electrical Stimulation (FES)

Functional electrical stimulation (FES) is used for stimulating the muscle directly or indirectly via the motor nerve. The aim is to produce a functional movement. Adhesive electrodes transfer the current to the nerve of the paralysed muscle in order to produce a contraction. It is a precondition that the lower motoneuron is intact and that the patient tolerates the stimulation.



Therapy goals for central paralysis / incomplete paraplegia:

- · Avoid / Prevent secondary diseases (decubitus, thrombosis, muscular atrophy, cardiovascular problems, diabetes)
- · Regain the original performance of movement (Motor Learning)
- · Improve neuromuscular activation
- · Improve and regain voluntary motor control

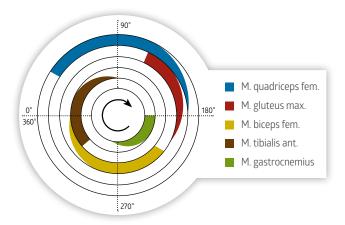
Therapy goals for peripheral paralysis / complete paraplegia:

- · Avoid / Prevent secondary diseases (see above)
- · Activate the metabolism
- · Stimulate muscular growth
- · Avoid muscular atrophy
- · Stimulate blood circulation
- · Improve mental health



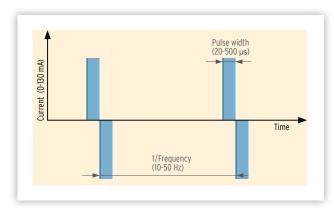
Communication RehaStim-MOTOmed

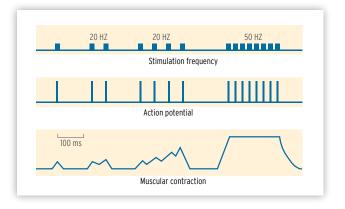
- · Devices communicate via data cable
- Data exchange of all relevant parameters
 (angle or position of the crank arm, rpm and rotational direction, symmetry, gear, time, distance)
- Stimulation sequences are triggered by angle-based MOTOmed data



Current settings

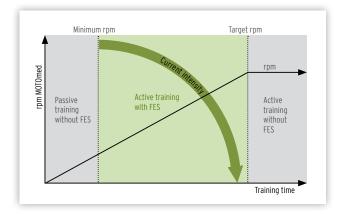
- $\cdot\,$ Stimulation with biphasic rectangular pulses over 8 channels
- · Pulse width (pulse duration): 20-500 μs
- · Current: 0-130 mA
- · Frequency (pulses per second): 10-50 Hz
- · Stimulation intensity depends on pulse width and current
- · Muscular contraction intensity depends on the frequency



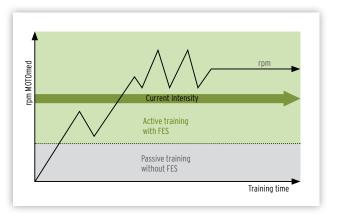


Different forms of training with the RehaMove in adaptive and constant mode

- In **adaptive** mode, the current intensity adapts to the active rpm of the patient
- Aim: support the residual muscle function of the patient, adapt the stimulation depending on muscular fatigue
- In **constant** mode, the current remains the same regardless of the active performance of the patient
- Aim: active movement even without residual muscle function



Settings of the RehaMove in adaptive mode



Settings of the RehaMove in constant mode